

PilatesRoom Application Form

Class Schedule

Please see class schedule on our website for all class information.

Please note places can only be secured by full payment – first come first served basis

Levels explained:

Level 1 – suitable for the complete beginner.

Please note the Wed 7-8p.m. class is suitable for people with back problems, osteoporosis and arthritis.

Level 2 - 6 weeks + experience

Level 3 – 6 months + experience

Level 4 – 12 months + experience

Payment with application form can be made to Keri Gaffney at any class/workshop. Alternatively payment can be made by posting a cheque or postal order with your application form to:

Keri Gaffney,
53 Rossmore Lawn, Templeogue, Dublin 6W.
Tel: 087 4169739 email: keri@pilatesroom.ie

Name _____

Telephone _____

Date _____

Course Time _____

Payment Cash Cheque

Course Day _____